

PRAYER

Be with me, dear Lord Jesus, and comfort me when I feel afraid or confused about my life. Help me always to remember and to trust the promise You spoke through the angel Gabriel, “There is nothing that God will not be able to do.” Amen.

Memory

1. “Do not have any other gods besides Me” (Exodus 20:3).
2. “There is nothing that God will not be able to do” (Luke 1:37).

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Emmaus Bible Lessons
Series 1: The First Three Commandments
Study #05 of 13: The Angel Visits Mary (Luke 1)

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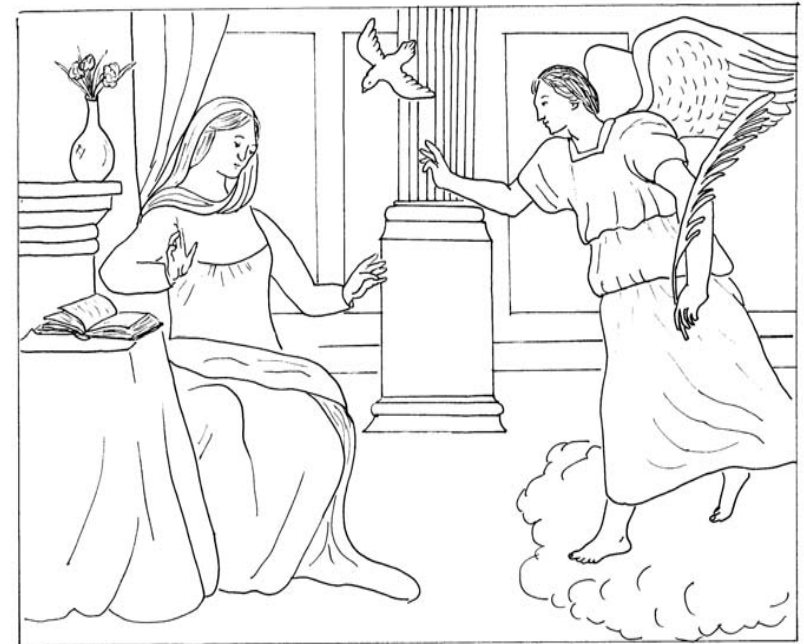


Emmaus Bible Lessons

Series 1: The First Three Commandments

Study #05 of 13

First Commandment *The Angel Visits Mary*



God says to you in the first commandment,
“*Do not have any other gods besides Me*”
(Exodus 20:3).

THIS MEANS you must trust in God even
when things seem impossible, scary, or difficult
to understand.

Bible Reading: Luke 1:26-45

Questions and Answers

For Understanding This Bible Story

1. Who was Gabriel? Who sent him to Mary? In what way did Gabriel greet Mary?

Gabriel was an angel whom God sent to Mary. God sent Gabriel to Mary because God chose Mary to be the mother of our Lord Jesus. This is why Gabriel greeted Mary by saying, "Greetings, you blessed one. The Lord is with you."

2. How did Mary react to Gabriel's greeting? Why did she react this way?

Mary felt confused by Gabriel's greeting to her. She thought Gabriel's greeting was difficult to understand. "She [Mary] tried to figure out what such a greeting might mean." Mary probably also felt a little bit afraid when the angel suddenly appeared in front of her. So Gabriel said to her, "Don't be afraid, Mary." Mary felt afraid and confused because she never had an angel appear to her before.

3. What amazing news did Gabriel speak to Mary? When Mary wondered how this could be possible, what promise did Gabriel speak to her?

Gabriel gave Mary a promise from God: "God has chosen to bless you. You see, you will conceive and have a son, and you will call Him JESUS." What an amazing miracle! By the power of His Word, God sent His Son Jesus into Mary's womb.

Mary did not think it was possible for her to have a baby because she was a virgin. She asked Gabriel, "How can this be?" The angel Gabriel answered her with another promise from God: "There is nothing that God will not be able to do."

4. How did Mary respond to the angel's Words?

Mary responded in faith and trust toward God: "Let it happen to me as you said."

5. Can you think of times in your life when you felt afraid or confused, as Mary felt? How do Gabriel's words help you in the same way they helped Mary?

Everyone has times when they feel afraid or confused. Sometimes people feel afraid in the middle of a dark night. Sometimes they feel afraid when they move to a new home or a new school. Maybe you have felt afraid or confused when you experienced something really scary, such as a terrible storm or a serious illness or the death of someone you love.

If you ever feel afraid or confused, think of Mary. When Gabriel visited her, she did not fully understand what was going to happen. However, Mary did not allow her fear or confusion to take away her trust in God.

God's promise to Mary is also His promise to you, especially when you feel afraid or confused: "There is nothing that God will not be able to do." Even though Mary did not fully understand what was going to happen, she said to Gabriel, "I am the Lord's servant. Let it happen to me as you said."

These are good words for you also to say. God has made promises to you, just as He made them to Mary. God has promised to make you His child, adopting you in Baptism. God has promised to forgive you all your sins because Jesus died and rose for you. God has also promised to give you eternal life in heaven with Him. When you hear such amazing promises, think of Mary's words to Gabriel. Whenever you remember God's promises to you, you also can say, "I am the Lord's servant. Let it happen to me as you said."